









Breakfast



| Elementary | | Onteora Central School District | | | | September 2021 | | | |
|---|--|--|--|--|--|--|--|---|--|
| Monday 6 | | Tuesday 7 | | Wednesday 8 | | Thursday 9 | | Friday 10 | |
|  | | | | Cinnamon Toast Crunch Cereal and a Cheese Stick with Juice Fruit and/or Milk | | Breakfast Bar with Juice Fruit and/or Milk | | Mini Cinnis Pull Parts with Juice Fruit and/or Milk | |
| Monday 13 | | Tuesday 14 | | Wednesday 15 | | Thursday 16 | | Friday 17 | |
| Blueberry Muffin with Juice Fruit and/or Milk | | Breakfast Bun with Juice Fruit and/or Milk | | Mini Pancakes (Strawberry Splash) with Juice Fruit and/or Milk | |  School Closed | | Apple Jacks Cereal and a Cheese Stick with Juice Fruit and/or Milk | |
| Monday 20 | | Tuesday 21 | | Wednesday 22 | | Thursday 23 | | Friday 24 | |
| Chocolate Chip Muffin with Juice Fruit and/or Milk | | Breakfast Bar with Juice Fruit and/or Milk | | Buttery Maple Snack'n Waffle with Juice Fruit and/or Milk | | Cheerios Cereal and a Cheese Stick with Juice Fruit and/or Milk | | Yogurt and Graham Crackers with Juice Fruit and/or Milk | |
| Monday 27 | | Tuesday 28 | | Wednesday 29 | | Thursday 30 | | Breakfast and Lunch is FREE for all students for the 2021-2022 School Year! | |
| Banana Muffin with Juice Fruit and/or Milk | | Strawberry Cream Cheese Filled Mini Bagels with Juice Fruit and/or Milk | | Frosted Flakes Cereal and a Cheese Stick with Juice Fruit and/or Milk | | Breakfast Bun with Juice Fruit and/or Milk | | | |
|  Friday 9/10/2021 | |  Wednesday 9/15/2021 | |  Wednesday 9/22/2021 | |  Tuesday 9/28/2021 | | Breakfast is an important part of the day! Please encourage your children to Eat Breakfast every day at School or at home. | |

Offered Daily:

1% and Skim Milk
Fresh Fruit and 100% Juice

Makes checks payable to **Onteora CSD Food Service** or payment may be applied on-line through the parent portal

Menu subject to change without notice.

Eat Well and Be Happy!

This organization is an equal opportunity provider and employer.