





Breakfast



Elementary		Onteora Central School District				February 2021			
Monday	1	Tuesday	2	Wednesday	3	Thursday	4	Friday	5
Banana Muffin with Juice Fruit and/or Milk		Breakfast Bun with Juice Fruit and/or Milk		“Froot Loops” Cereal and a Cheese Stick with Juice Fruit and/or Milk		Apple Cinnamon Muffin with Juice Fruit and/or Milk		<u>Asynchronous Day K-6</u> Pre-order Breakfast for your child to take home with them on Thursday or you can pick it up at the MS/HS 11am-1pm or 4pm-6pm on Thursday	
Monday	8	Tuesday	9	Wednesday	10	Thursday	11	Friday	12
Breakfast Bar with Juice Fruit and/or Milk		Chocolate Chip Muffin with Juice Fruit and/or Milk		Yogurt and Graham Crackers with Juice Fruit and/or Milk		Multi Grain Frosted Flakes Cereal and a Cheese Stick with Juice Fruit and/or Milk		Breakfast Bun with Juice Fruit and/or Milk	
Monday	15	Tuesday	16	Wednesday	17	Thursday	18	Friday	19
		<u>Asynchronous Day</u> Pre-order Breakfast for your child to take home with them on Monday or you can pick it up at the MS/HS 11am-1pm or 4pm-6pm on Tuesday		Apple Jacks Cereal and a Cheese Stick with Juice Fruit and/or Milk		Cinnamon Roll with Juice Fruit and/or Milk		Breakfast Bar with Juice Fruit and/or Milk	
Monday	22	Tuesday	23	Wednesday	24	Thursday	25	Friday	26
Blueberry Muffin with Juice Fruit and/or Milk		Breakfast Bun with Juice Fruit and/or Milk		Cinnamon Toast Crunch Cereal and a Cheese Stick with Juice Fruit and/or Milk		Yogurt and Graham Crackers with Juice Fruit and/or Milk		Banana Muffin with Juice Fruit and/or Milk	
Breakfast is an important part of the day! Please encourage your children to Eat Breakfast every day at School or at home.				 Breakfast and Lunch is FREE for all students for the 2020-2021 school year!					

Offered Daily:
 1% and Skim Milk
 Fresh Fruit and 100% Juice

Makes checks payable to **Onteora CSD Food Service** or payment may be applied on-line
 through the parent portal

**Menu subject to change
 without notice.**



Eat Well and Be Happy!



This organization is an equal opportunity provider and employer.

Mission Statement: An Onteora education fosters intellectual curiosity, mutual respect, self-respect, creative problem solving, individual expression, ethical decision making and active engagement in the world. Our community values and supports its children, through a holistic collaboration among students, families, the educational community, and Onteora residents at large. Students will graduate as engaged citizens and life-long learners with the confidence, self-awareness and skills to reach their maximum potential, and to live rich and successful lives.