







Breakfast



Elementary		Onteora Central School District				March 2020			
Monday	2	Tuesday	3	Wednesday	4	Thursday	5	Friday	6
Breakfast Scramble Or Cold Cereal Juice and/or Milk		Hot Oatmeal Or Cold Cereal Juice and/or Milk		Pancakes with Syrup Or Cold Cereal Juice and/or Milk		Yogurt and Granola with Fruit Or Cold Cereal Juice and/or Milk		Bagel with Cream Cheese Or Cold Cereal Juice and/or Milk	
Monday	9	Tuesday	10	Wednesday	11	Thursday	12	Friday	13
Breakfast Sticks Or Cold Cereal Juice and/or Milk		Muffin Or Cold Cereal Juice and/or Milk		French Toast Sticks with Syrup Or Cold Cereal Juice and/or Milk		Egg Patty on a Biscuit with Canadian Bacon Or Cold Cereal Juice and/or Milk		 Conference Day	
Monday	16	Tuesday	17	Wednesday	18	Thursday	19	Friday	20
Breakfast Bagel Or Cold Cereal Juice and/or Milk		 Hot Oatmeal Or Cold Cereal Juice and/or Milk		Waffles with Syrup Or Cold Cereal Juice and/or Milk		Bagel with Cream Cheese Or Cold Cereal Juice and/or Milk		 Happy Spring! Muffin Or Cold Cereal Juice and/or Milk	
Monday	23	Tuesday	24	Wednesday	25	Thursday	26	Friday	27
Breakfast Scramble Or Cold Cereal Juice and/or Milk		Yogurt and Granola with Fruit Or Cold Cereal Juice and/or Milk		Pancakes with Syrup Or Cold Cereal Juice and/or Milk		Muffin Or Cold Cereal Juice and/or Milk		Egg Patty on an English Muffin with Canadian Bacon Or Cold Cereal Juice and/or Milk	
Monday	30	Tuesday	31	Breakfast is an important part of the day! Please encourage your children to Eat Breakfast every day at School or at home.					
Breakfast Sticks Or Cold Cereal Juice and/or Milk		Muffin Or Cold Cereal Juice and/or Milk							

Offered Daily:
1% and Skim Milk
Fresh Fruit and 100% Juice

Makes checks payable to **Onteora CSD Food Service** or payment may be applied on-line through the parent portal

Menu subject to change without notice.

Eat Well and Be Happy!

This organization is an equal opportunity provider and employer.

Vision: Onteora Central School District is an equitable learning community cultivating health, knowledge, skills, and values for productive global citizenship.